



Newsletter

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SPECIAL EDITION

S A N D H I L L S I N T E R G R O U P

HOLIDAY 2022



Moore County AA Holiday Events



You're Invited to Join Us For



Thanksgiving Dinner

NOV 24th 5:30 PM
Discussion Meeting 7:30 PM

504 Wilder Ave,
Aberdeen

You're Invited to Join Us For



Christmas Dinner

DEC 25th 5:30 PM
Discussion Meeting 7:30 PM

504 Wilder Ave,
Aberdeen

You are invited to bring a side dish or dessert to share, but not required.

A sign-up sheet will be available at the Wilder Building.

Please sign-up if you plan to attend.

We look forward to seeing you this holiday season!

Set up begins at 4:00 PM. We will be most grateful for volunteers to join the holiday committee to make the celebrations special. Please contact Lynn Y. if you are available at (910) 315-1202.

Join us for fellowship as we bring in the NEW YEAR SOBER!

The Wilder Building, 504 Wilder Ave, Aberdeen
For directions visit www.moorecountyaa.org

Holiday Marathon

The Wilder Building - 504 Wilder Ave, Aberdeen

DEC 18th - JAN 1st, Noon - 10pm

**AA members offering extra support
during the holidays!**



Each year AA members join together and volunteer their time to keep the Wilder Building open to offer AA member support during the holidays.

This is a perfect time to take advantage of all that AA has to offer.

Become a part of the solution!

Take comfort in knowing your AA friends are rooting for you. The holidays can be a tricky and fearful time for many of us trying to get sober or wanting to hold onto the precious sobriety that we have.

**Join in the festivities and make this the best
HOLIDAY SEASON of your life!**

**AA members, please participate in this valuable service work opportunity!
We ask members to sign-up for as many 2 hour shifts you can contribute.
Blocks of 2 hours to be filled by at least two people. A sign-up poster will be
available at the Wilder Building in early December.**

**Special message to AA GROUPS:
Groups are welcome to commit to an entire day. Thank you!**

A Christmas Story

I had a long and unsuccessful drinking career. I started drinking occasionally in high school and would get drunk whenever I drank. By the time I was in college, I drank every weekend, blacking out every time I drank. Like many of us, I chose to associate with others who drank like I did so my drinking behavior would seem “normal.” My circle of friends and goals in life shrank to fit my drinking.

From my functioning alcoholic family, I learned how to hide my devastating disease. I graduated from college and was able to hold good jobs. I married (an alcoholic, of course), lived in a nice house, drove nice cars and belonged to a country club. But, I hated my life. I lived in a continual state of floating anxiety, passing out every night, waking up wondering what I had done the night before. Many mornings would bring memories that made me cringe. Looking in the mirror, I would see my red puffy eyes and veins on my face. I eventually went to see a psychiatrist to find out what was wrong with me, and he suggested I go to AA. I was miserable so I went. I went to meetings and tried to stop drinking, but I couldn't.

One Christmas Eve, I sat at my kitchen table drinking wine with the load of my miserable world on my shoulders. I just couldn't bear to have any more Christmas Eves as miserable as that one I was having. I put my head in my hands, and said, “Help me.”

That was my last drink. My sobriety date is December 25 th , 1987. Whenever I think that I don't need to practice all of the principles of our program or do everything I've been told to do to stay sober, I remember that Christmas Eve.

Thank you all for being here for me.
-Karen C.



Sandhills Intergroup

The Sandhills Intergroup is a central office established to aid groups and meetings in Moore County carry the AA message to alcoholics who still suffer.

Please Visit our Recorded Speaker Page at www.MooreCountyAA.org

- **Search For Your Favorite Speakers**
- **Search by Speaker Categories**
 - *Women in AA*
 - *Young People in AA*
 - *Oldtimers*
- **Category Playlists**



Sandhills intergroup also provides:

Phone support 910.420.0575

Website - www.MooreCountyAA.org

Newsletter

*Visit our website and subscribe for **FREE!***

We are funded solely by the AA groups in our county and we **NEED, ASK and THANK YOU** for your contributions and input.

JOIN Intergroup! We meet the first Saturday of each month at 9:00 am in the Wilder Building. *All AA'ers welcome!*

Visit our website to listen to speakers from meetings in Moore County, more added weekly!

www.MooreCountyAA.org

Questions or comments email us at:
moorecountyya@gmail.com

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